AN ALMANACK

FOR THE

Year of our LORD GOD, 1656.

BEING

Biſſextile or *Leap-Year.*

And ſince the Creation of the World, 5605.

Containing the apparent motion of the Sun, Moon, and the reſt of the Planets:

The Planets mutual Aſpects.

An Aſtrological judgement upon the Eclipſes and four Quarters of the Year.

Together with excellent Tables to ſhew the time of High-water at moſt of the Ports in and about *ENGLAND.*

Alſo many moſt excellent and approved Receipts for the cure of moſt Diſeaſes incident to the Body of Man; very uſeful and beneficial.

By *George Markham*, Student in Phyſick.

London Printed by *Joh. Streater*, for the Company of Stationers, 1656.

Common Notes and moveable Feasts, according to the *Julian* or *English* Accompt, for the Year 1696. Being *Bissextile* or *Leap-year*.

Golden Number.	4
Circle of the Sun.	13
Dominical Letter	F.E.
Shrove Sunday.	Feb. 16
Easter-day	April 6
Ascension day.	May 15
Whitsunday	May 25
Trinity Sunday	June 1
Advent Sunday.	Novem 30

The Characters of the 12 Signs.

♈	♉	♊	♋	♌	♍
Aries	Taurus	Gemini	Cancer	Leo	Virgo
♎	♏	♐	♑	♒	♓
Libra	Scorpio	Sagit.	Capricorn	Aquar.	Pisces

The Characters of the 7 Planets.

♄	♃	♂	☉	♀	☿	☾
Saturn	Jupiter	Mars	Sol.	Venus	Mercury	Luna

The Characters of the Aspects.

☌	✶	□	△	☍

☊ Dragons head. ☋ Dragons tail.

A Table shewing the Names of certain Havens in and about *England*, with the number of the Point of the Compass that (unto which when the Moon cometh) maketh full Sea, or High-water, &c.

Quenborough, Southampton, Portsmouth, Isle of Wight, Spits, Kent, Kno. —— —— 1

Rochester, Maldon, Aberden, Redband, West end of the Nowre. —— —— —— 2

Gravelend, Downs, Rumney, Tenet, Scilly half tide, Blackness. —— —— —— 3

Dundee, Saint Andrews, Lisbone, St. Lucas, Bell Isle, Holy Isle. —— —— —— 4

London, Tinmouth, Hattlepool, Whitebay, Amsterdam, Britain, Galizia. —— —— —— 5

Barwick, Flamboro Head, Bridlinton-bay, Berdeaux, 6

Scarborough quarter tide, Lawrenas, Severn, Corkhaven, Dungarum. —— —— —— 7

Newcastle, Humber, Falmouth, Sally, Dartmouth, St. Torbay, Mallows. —— —— 8

Plimouth, Weymouth, Hull, Lyn, Davids-head, Antwerp. —— —— —— 9

Bristol, Foulness at the Start. —— —— 10

Milford, Bridgew. Landsend, Waterford, Abermorick. 11

Portland, Peterport, Harflew, Hague, St. Magnus. Sound, Dublin, Lambay. —— —— 12

Pool, St. Hellen, Catnels, Orkney, fair Isles, Kildien. 13

Needles, Laysto, Nor. & So. Forelands. —— 14

Yarmouth, Dover, Harwick, Calice R. —— —— 15

Rye, Winchelsey, Gorend, Thames R. —— 16

A Table shewing the age of the Moon every day, this present year of our Lord, 1656.

	Jan.	Fe.	Ma.	Ap.	Ma.	Jun.	Ju.	Au.	Sep.	Oct.	Nov.	De.
1	15	16	16	17	17	19	19	21	23	23	25	25	1
2	16	17	17	18	18	20	20	22	24	24	26	26	2
3	17	18	18	19	19	21	21	23	25	25	27	27	3
4	18	19	19	20	20	22	22	24	26	26	28	28	4
5	19	20	20	21	21	23	23	25	27	27	29	29	5
6	20	21	21	22	22	24	24	26	28	28	30	1	6
7	21	22	22	23	23	25	25	27	29	29	1	2	7
8	22	23	23	24	24	26	26	28	30	1	2	3	8
9	23	24	24	25	25	27	27	29	1	2	3	4	9
10	24	25	25	26	26	28	28	1	2	3	4	5	10
11	25	26	29	27	27	29	29	2	3	4	5	6	11
12	26	27	27	28	28	30	1	3	4	5	6	7	12
13	27	28	28	29	29	1	2	4	5	6	7	8	13
14	28	29	29	30	1	2	3	5	6	7	8	9	14
15	29	1	30	1	2	3	4	6	7	8	9	10	15
16	30	2	1.	2	3	4	5	7	8	9	10	11	16
17	1	3	2	3	4	5	6	8	9	10	11	12	17
18	2	4	3	4	5	6	7	9	10	11	12	13	18
19	3	5	4	5	6	7	8	10	11	12	13	14	19
20	4	6	5	6	7	8	9	11	12	13	14	15	20
21	5	7	6	7	8	9	10	12	13	14	15	16	21
22	6	8	7	8	9	10	11	13	14	15	16	17	22
23	7	9	8	9	10	11	12	14	15	16	17	18	23
24	8	10	9	10	11	12	13	15	16	17	18	19	24
25	9	11	10	11	12	13	14	16	17	18	19	20	25
26	10	12	11	12	13	14	15	17	18	19	20	21	26
27	11	13	12	13	14	15	16	18	19	20	21	22	27
28	12	14	13	14	15	16	17	19	20	21	22	23	28
29	13	15	14	1.	16	17	18	20	21	22	23	24	29
30	14		15	16	17	18	19	21	22	23	24	25	30
31	15		16		18		20	22		24		26	31

A Table shewing the time of High-water in hours and minutes in any of the places mentioned in the former Table, &c.

The Moon age.	1 h.m.	2 h.m.	3 h.m.	4 h.m.	5 h.m.	6 h.m.	7 h.m.	8 h.m.	9 h.m.	10 h.m.	11 h.m.	12 h.m.	13 h.m.	14 h.m.	15 h.m.	16 h.m.
1	16 12 48	1 33	2 18	3 3	3 48	4 33	5 18	6 3	6 48	7 33	8 18	9 3	9 48	10 33	11 18	12 3
2	17 1 36	2 21	3 6	3 51	4 36	5 21	6 6	6 51	7 36	8 21	9 6	9 51	10 36	11 21	11 6	12 50
3	18 2 24	3 9	3 54	4 39	5 24	6 9	6 54	7 39	8 24	9 9	9 54	10 3	10 24	11 9	12 0	1 39
4	19 3 12	3 57	4 42	5 27	6 12	6 57	7 42	8 27	9 12	9 57	10 41	11 27	12 12	12 57	1 41	2 27
5	20 3 0	4 45	5 30	6 15	7 0	7 45	8 30	9 15	10 0	10 41	11 30	12 15	1 0	1 45	2 30	3 15
6	21 4 48	5 33	6 18	7 3	7 48	8 33	9 18	10 3	10 48	11 33	12 18	1 53	1 48	1 33	3 18	4 3
7	22 5 36	6 21	7 6	7 51	8 36	9 21	10 6	10 51	11 36	11 21	1 6	1 51	2 36	2 21	3 54	4 51
8	23 6 24	7 9	7 54	8 39	9 24	10 9	10 54	11 39	12 24	12 9	1 54	2 39	3 24	3 9	4 54	5 39
9	24 7 12	7 57	8 42	9 27	10 12	10 57	11 42	12 27	1 12	1 57	2 45	3 27	4 12	4 57	5 42	6 27
10	25 8 0	8 45	9 30	10 15	11 0	11 45	12 30	1 15	2 0	1 45	3 30	4 15	5 0	5 45	6 30	7 15
11	26 8 48	9 33	10 18	11 3	11 48	12 33	1 18	2 3	2 48	2 33	4 18	5 3	5 48	5 33	7 18	8 3
12	27 9 36	10 21	11 6	11 51	12 36	1 21	2 6	2 51	3 36	3 21	5 6	5 51	6 36	6 21	8 6	8 51
13	28 10 24	11 9	11 54	12 39	1 24	2 9	2 54	3 39	4 24	4 9	5 54	6 39	7 24	7 9	8 54	9 39
14	29 11 12	11 57	12 42	1 27	2 12	2 57	3 42	4 27	5 12	5 57	6 42	7 27	8 12	8 27	9 42	10 27
15	30 12 0	12 45	1 30	2 15	3 0	3 45	4 30	5 15	6 0	6 45	7 30	8 15	9 0	9 45	10 30	11 15

A Declaration of the use of the three preceeding Tables, to shew the time of full Sea or High-water, at any of the aforementioned places.

THe first of these Tables showeth the names of the Points in and about *England*, with the number of the Points of the compass making full Sea.

The second sheweth the time of High-water, in hours and minutes, in any of the places in the aforementioned preceding Table.

Ths third Table sheweth the age of the Moon; by all which, I would know the time of High-water at *London*, on the 22 day of *January* this present year: Therefore I look upon the Table of the age of the Moon, and finde against the number 22, in the column for the days of the Moneth; and in the column of the age of the Moon in *January*; and right against 22 I finde 6, so that the Moon is on the 22 day of *January* 6 days old: Then I look for *London*, in the Table, Entituled, *The Names of the Ports*, and I finde against it the number 5; then I look in the Table, Entituled, *The shewing of high-water*, to finde 5 the point of the Compass, and 6 the age of the Moon, and accordingly, I direct my eye down from 5 in the head of the Table, till I come against 6 the age of the Moon in the first column, and there I finde 7h 48′ that is to say, it will be High-water at 48 m. past seven that day at *London* bridge. Upon the same day I would know the time of High-water at *Newcastle*; I look into the first Table, and there I finde against *Newcastle* the number 8, with which, and the number 6 the age of the Moon; I enter the second Table, as before, and direct my eye in a right line from 6, in the column on the left hand, until I come under the number 8 in the head of the Table, where I finde 10h 3′, that is, It will be High-water at *Newcastle*, *Humber*, *Falmouth*, &c. at 3 min. past 10, the 22 of *January*, when the Moon is 6 days old; it will be the same, when she is 21 days old.

A plain

A plain and easie Table, shewing the true Interest due upon any sum of Money, from five shillings to an hundred pounds for a year, or under, after the rate of six pounds in the hundred.

		1 Mon.			3 Mon			6 Mon.			9 Mon.			1 year.		
		sh.	p	q	sh.	p.	q.	sh.	p.	q	sh.	p.	q.	sh.	p.	q.
Shill.	5	0	0	1	0	0	3	0	1	3	0	2	2	0	3	2
	10	0	0	2	0	1	3	0	3	2	0	5	2	0	7	0
	15	0	0	3	0	2	2	0	5	1	0	8	0	0	10	2
Pounds.	1	0	1	0	0	3	2	0	7	0	0	10	2	1	2	1
	2	0	2	1	0	7	0	1	2	1	1	9	1	2	4	2
	3	0	3	2	0	10	2	1	9	1	2	7	3	3	6	3
	4	0	4	3	1	2	1	2	5	2	3	6	3	4	9	0
	5	0	5	0	1	6	0	3	0	0	4	6	0	6	0	0
	6	0	7	0	1	9	2	3	7	0	5	4	2	7	2	1
	7	0	8	1	2	1	0	4	2	1	6	3	1	8	4	2
	8	0	9	2	2	4	2	4	9	1	7	1	3	9	6	3
	9	0	10	3	2	8	1	5	4	2	8	0	3	10	8	0
Tens of pounds.		p.	sh.	p.	p.	sh.	p	p.	sh.	p.	p.	sh.	p.	p.	sh.	p.
	10	0	1	0	0	3	0	0	6	0	0	9	0	0	12	0
	20	0	2	0	0	6	0	0	120		0	18	0	1	4	0
	30	0	3	0	0	9	0	0	180		1	7	0	1	16	0
	40	0	4	0	0	12	0	1	4	0	1	16	0	2	8	0
	50	0	5	0	0	15	0	1	100		2	5	0	3	0	0
	60	0	6	0	0	18	0	1	160		2	14	0	3	12	0
	70	0	7	0	1	1	0	2	2	0	3	3	0	4	4	0
	80	0	8	0	1	4	0	2	8	0	3	12	0	4	16	0
	90	0	9	0	1	7	0	2	140		4	1	0	5	8	0
	100	0	10	0	1	10	0	3	0	0	4	10	0	6	0	0

The use of this Table is this, If thou wouldst know what the Interest of One hundred and five pounds is for 9 Moneths at six per cent. then in the first column finde out 100. at the foot of the column; and right against it under the Title 9 moneths, which is the fifth column, and there you shall finde 4 l. 10 s. and against the number 5 l. you shall finde 4 s. 6 d. so is the Interest of 105 l. for 9 moneths, cometh to 4 l. 14 s. 6 d. be like of all the rest.

January hath xxxi days.

Full moon 1 day, 25 min. past 8 at night. Eclips ☾
Last quarter 8 day, at 1 in the morning.
New moon 16 day, 54 min. past noon. Eclips ☉
First quarter 24 day, at one in the morning.
Full moon 31 day, 2 min past 7 in the morning.

1	A	New years da.	21	☉	8	♑	8	2	□☉☿
2	b		22		9	♑	8	0	△☉♄. windy
3	c		23		10	♑	7	58	moist
4	d	Telespho	24		11	♒	7	57	weather.
5	e		25		12	♒	7	56	
6	f	Twelfth day.	26		13	♓	7	55	
7	g	Julianus	27		14	♓	7	54	Variable sormy
8	a		28		15	♓	7	53	□♂♀.
9	b		29		16	♈	7	52	
10	c	Paul.	0	♒	17	♈	7	50	Rainy and
11	d	Heginus	1		19	♉	7	49	misty weather
12	e		2		20	♉	7	47	for the most
13	f	1 S. aft. Eph.	3		21	♍	7	46	part.
14	g	Felex	4		22	♍	7	45	
15	a		5		23	♍	7	44	
16	b	Marcel.	6		24	♒	7	43	
17	c	Auton.	7		25	♒	7	41	△♄☿♂ □♃♀
18	d	Prisca.	8		26	♒	7	39	□♄♀.
19	e		9		27	♓	7	38	Wind rain
20	f	2 Sun. af. Eph.	10		28	♓	7	36	frosty hard
21	g	Agnera	11		29	♈	7	34	weather.
22	a	Vincent	12		30	♈	7	32	
23	b	Term begins	13		31	♉	7	31	
24	c	Timoth.	14		32	♉	7	30	More temprate
25	d	Conv. Paul.	15		33	♉	7	28	close weathr.
26	e		16		34	♊	7	26	Rain.
27	f	3 S. aft. Eph.	17		34	♊	7	25	
28	g		18		35	♋	7	23	☌♃♂.
29	a		19		36	♋	7	21	
30	b	Adelg.	20		37	♌	7	20	
31	c		21		38	♌	7	18	

January hath xxxi days.

1	23	♄♍	3	21	♃♈	32	5	♂♈	0	8	♀♐	12	28	☿♐	[illegible]
6	22	R.	57	22		0	8		21	11		56	5	♑	39
12	22		46	22		40	12		28	16		51	14		37
18	22		32	23		25	16		32	22		12	23		47
24	22		14	24		16	20		36	27		56	3	♒	9
30	21		53	25		13	24		35	3	♑	53	12		57

1	a
2	b
3	c
4	d
5	e
6	f
7	g
8	a
9	b
10	c
11	d
12	e
13	f
14	g
15	a
16	b
17	c
18	d
19	e
20	f
21	g
22	a
23	b
24	c
25	d
26	e
27	f
28	g
29	a
30	b
31	c

February hath xxix days.

Laſt quarter 5 day, 37 min. paſt 3 in the morning.
New moon 15 day, 46 min. paſt 7 in the morning.
Firſt quarter 23 day, 5 min. paſt 1 in the morning.

M.	D.	Feſtival day.	☉ place	☽ p.	☉ riſe.	Lunar Aſpects.
1	d		22 39 ♍	7	14	Snow and Rain.
2	e	Purification	23 40 ♍	7	12	
3	f		24 40 ♎	7	10	
4	g		25 41 ♎	7	8	✶☉♅.
5	a	Agutha	26 41 ♏	7	6	Windy.
6	b	Doroth.	27 42 ♏	7	4	✶♅☿.
7	c		28 42 ♐	7	2	Windy cloſe.
8	d		29 43 ♐	7	0	
9	e		0 ♓ 43 ♐	6	58	☌☉☿.
10	f		1 43 ♑	6	56	✶☌☿.
11	g		2 44 ♑	6	54	Dark weather,
12	a	Term ends.	3 44 ♒	6	52	moiſt, wet.
13	b		4 45 ♒	6	50	
14	c	Valentine.	5 45 ♒	6	4	
15	d	Fauſtin	6 4 ♓	6	46	△♄☿.
16	e		7 45 ♓	6	44	Cold rain.
17	f	Shroveſunday	8 45 ♈	6	42	
18	g	Concord	9 45 ♈	6	40	☌♄☿.
19	a	Shrovetueſda.	10 46 ♈	6	38	Wind and rain
20	b	Cinerum	11 46 ♉	6	36	dark.
21	c		12 46 ♉	6	34	
22	d		13 46 ♊	6	32	
23	e		14 46 ♊	6	30	□♅☿.
24	f	1 Sun. in Len.	15 46 ♋	6	28	Temperate wea-
25	g	Matthias.	16 46 ♋	6	26	ther.
26	a		17 4 ♌	6	24	✶☿☿.
27	a		18 45 ♌	6	22	Showres.
28	b	Leand.	19 45 ♍	6	20	☌☉♄.
29	c		20 45 ♍	6	19	Hail.

February hath xxix days.

1	21	♄♏	45	25	♃♈	34	25	♂♈	59	5	♀♑	55	16	☿♒	24
6	21		25	26		25	29		25	11		4	25		11
12	20		57	27		30	3		23	17		22	6	♓	12
18	20		31	28		39	7	♉	25	23		49	18		32
24	20		4	29		50	11		25	0	♒	31	29		54
29	19		40	0	♉	52	14		46	6		15	7		25

1	d
2	e
3	f
4	g
5	a
6	b
7	c
8	d
9	e
10	f
11	g
12	a
13	b
14	c
15	d
16	e
17	f
18	g
19	a
20	b
21	c
22	d
23	e
24	f
25	f
26	g
27	a
28	b
29	c

Full Moon 1 day, 58 min. past 2 in the morning.
Last quarter 7 day, 5 min. past 8 at night.
New moon 15 day, 36 min. past 12 at night.
First quarter 23 day, 45 min. past 9 in the morning.
Full Moon 30 day, 46 min. past 2 in the morning.

1	D	David.	21	45	♎	6	18	Sometime hail,
2	E	2 Sun. Lent.	22	45	♏	6	16	snow and
3	f		23	45	♏	6	14	windy.
4	g	Adrian	24	45	♏	6	12	
5	a		25	44	♏	6	10	
6	b		26	43	♐	6	8	△♄♂.
7	c		27	43	♐	6	6	Troubled air,
8	d		28	42	♑	6	4	foggy and un-
9	E	3 Sun. Lent.	29	41	♑	6	2	seasonable
10	f		0	♈41	♑	6	0	mists.
11	g		1	40	♒	5	58	
12	a	Gregor.	2	39	♒	5	56	
13	b	Euphras	3	39	♓	5	54	
14	c		4	38	♓	5	52	
15	d		5	37	♓	5	50	Rain.
16	E	4 Sun. Lent.	6	36	♈	5	48	
17	f		7	35	♈	5	46	□☌♀.
18	g		8	34	♉	5	45	Rainy and
19	a	Joseph	9	34	♉	5	43	snow.
20	b		10	33	♊	5	41	
21	c	Benedic.	11	32	♊	5	39	Winds and
22	d		12	31	♋	5	37	dark
23	E	5 Sun. Lent.	13	30	♋	5	35	☌☉♀.
24	f		14	28	♋	5	33	
25	g	Annun. Mary	15	27	♌	5	31	Windy.
26	a		16	26	♌	5	29	
27	b		17	25	♍	5	26	Actions abrod in
28	c		18	24	♍	5	24	the World.
29	d		19	22	♎	5	22	
30	E	Palm Sunday	20	21	♎	5	20	Windy.
31	f		♓	20	♏	5	18	

March hath xxxi days.

1	1	♑	35	2	♃	☌	2	15	☌	☌	25	7	♀	24	9	☿	♈	●
6	19		12	2			9	18			45	13		6	15			15
12	18		42	3			27	22			49	19		59	18			51
18	18		17	4			48	26			44	26		54	17	R.		16
24	17		53	6			100		♊		40	3	♐	53	13			8
30	17		29	7			33	4			36	10		53	8			37

1	d
2	e
3	f
4	g
5	a
6	b
7	c
8	d
9	e
10	f
11	g
12	a
13	b
14	c
15	d
16	e
17	f
18	g
19	a
20	b
21	c
22	d
23	e
24	f
25	g
26	a
27	b
28	c
29	d
30	e
31	f

Last quarter 6 day, 29 min. past 2 after noon.
New moon 14 day, 32 min. past 2 after noon.
First quarter 21 day, 4 miu. past 4 after noon.
Full moon 28 day, at 1 after noon.

1	g		22	☉	18	♏	5	19	Showers.
2	a	Mar. Æg.	23		17	♐	5	18	✶☿♀.
3	b		24		15	♐	5	16	
4	c	Ambroſe	25		14	♑	5	14	Temperate and
5	d		26		12	♑	5	10	ſeaſonable wea-
6	e	Eaſter day.	27		11	♑	5	7	ther for the moſt
7	f	Egeſip	28		9	♒	5	4	part.
8	g		29		7	♒	5	2	
9	a	Albinus	0	♉	6	♓	5	0	
10	b	Ezekiel	1		4	♓	4	58	
11	c		2		2	♓	4	57	
12	d		3		1	♈	4	55	
13	e	Low Sunday.	3		59	♈	4	53	Some winds
14	f	Tiburt	4		57	♉	4	52	ſtirring.
15	g	Olimpus	5		55	♉	4	50	
16	a		6		53	♊	4	48	
17	b		7		51	♊	4	46	□♄♂.
18	c	Valerean	8		49	♊	4	44	Thunder, rain,
29	d		9		47	♋	4	42	and troubled
20	e	2 Sun. aft. Eſt.	10		45	♋	4	40	air.
21	f		11		43	♌	4	39	
22	g		12		41	♌	4	37	
23	a	Term begins.	13		39	♍	4	35	☌☉♃.
24	b	Adelb.	14		37	♍	4	33	Temperate
25	c	Mark Evang.	15		35	♎	4	31	△☉♄.
26	d		16		33	♎	4	29	Hail, windy.
27	e	3 Sun. aft. Eſt.	17		31	♏	4	27	
28	f		18		28	♏	4	25	✶☿♀.
29	g		19		26	♐	4	23	Rainy, ſtormy.
30	a		20		24	♐	4	22	

April hath xxx days.

1	17	♄	♏	23	8	♃	♉	1	5	♂	♌	55	13	☿	♓	13	7	♀	♈	36
6	17			7	9			12	9			11	19			5	6			23
12	16			50	10			37	13			6	26			9	7			59
18	16			37	12			2	17			0	3		♈	14	11			59
24	16			27	13			27	20			53	18			22	18			5
30	16			20	14			52	24			46	17			31	25			32

1	g	a	b	c	d	e	f	g	a	b	c	d	e	f	g	a	b	c	d	e
2	a	b	c	d	e	f	g	a	b	c	d	e	f	g	a	b	c	d	e	f
3	b	c	d	e	f	g	a	b	c	d	e	f	g	a	b	c	d	e	f	g
4	c	d	e	f	g	a	b	c	d	e	f	g	a	b	c	d	e	f	g	a
5	d	e	f	g	a	b	c	d	e	f	g	a	b	c	d	e	f	g	a	b
6	e	f	g	a	b	c	d	e	f	g	a	b	c	d	e	f	g	a	b	c
7	f	g	a	b	c	d	e	f	g	a	b	c	d	e	f	g	a	b	c	d
8	g	a	b	c	d	e	f	g	a	b	c	d	e	f	g	a	b	c	d	e
9	a	b	c	d	e	f	g	a	b	c	d	e	f	g	a	b	c	d	e	f
10	b	c	d	e	f	g	a	b	c	d	e	f	g	a	b	c	d	e	f	g
11	c	d	e	f	g	a	b	c	d	e	f	g	a	b	c	d	e	f	g	a
12	d	e	f	g	a	b	c	d	e	f	g	a	b	c	d	e	f	g	a	b
13	e	f	g	a	b	c	d	e	f	g	a	b	c	d	e	f	g	a	b	c
14	f	g	a	b	c	d	e	f	g	a	b	c	d	e	f	g	a	b	c	d
15	g	a	b	c	d	e	f	g	a	b	c	d	e	f	g	a	b	c	d	e
16	a	b	c	d	e	f	g	a	b	c	d	e	f	g	a	b	c	d	e	f
17	b	c	d	e	f	g	a	b	c	d	e	f	g	a	b	c	d	e	f	g
18	c	d	e	f	g	a	b	c	d	e	f	g	a	b	c	d	e	f	g	a
19	d	e	f	g	a	b	c	d	e	f	g	a	b	c	d	e	f	g	a	b
20	e	f	g	a	b	c	d	e	f	g	a	b	c	d	e	f	g	a	b	c
21	f	g	a	b	c	d	e	f	g	a	b	c	d	e	f	g	a	b	c	d
22	g	a	b	c	d	e	f	g	a	b	c	d	e	f	g	a	b	c	d	e
23	a	b	c	d	e	f	g	a	b	c	d	e	f	g	a	b	c	d	e	f
24	b	c	d	e	f	g	a	b	c	d	e	f	g	a	b	c	d	e	f	g
25	c	d	e	f	g	a	b	c	d	e	f	g	a	b	c	d	e	f	g	a
26	d	e	f	g	a	b	c	d	e	f	g	a	b	c	d	e	f	g	a	b
27	e	f	g	a	b	c	d	e	f	g	a	b	c	d	e	f	g	a	b	c
28	f	g	a	b	c	d	e	f	g	a	b	c	d	e	f	g	a	b	c	d
29	g	a	b	c	d	e	f	g	a	b	c	d	e	f	g	a	b	c	d	e
30	a	b	c	d	e	f	g	a	b	c	d	e	f	g	a	b	c	d	e	f

☾ Last quarter 6 day, 55 min. past 8 in the morning.
● New moon 14 day, 40 min. past 1 in the morning.
☽ First quarter 20 day 21 min. past 9 at night.
○ Full moon 27 day, at 36 min. past 12 at night.

1	b	Phil. & Jacob	21	☉ 22	♐	4	18	Pleasant weather,
2	c		22	19	♑	4	17	but cold,
3	d		23	17	♑	4	16	apt to hurt the
4	e	4 Sun. aft. Eſt.	24	15	♒	4	15	fruits of the
5	f	Cuthberd	25	12	♒	4	14	earth.
6	g		26	10	♒	4	13	
7	a		27	7	♓	4	12	△♄♃.
8	b		28	5	♓	4	11	Dues ca: ſing many
9	c		29	☊ 3	♈	4	10	ugly Caterpillars,
10	d		0	0	♈	4	9	Fogs on the Moor.
11	e	Rogat. Sun.	0	58	♈	4	8	
12	f		1	55	♉	4	7	△♄☿.
13	g	Servatius	2	52	♉	4	6	✶☌♀.
14	a		3	50	♊	4	5	
15	b	Aſcention day	4	47	♊	4	4	
16	c		5	45	♋	4	3	
17	d		6	42	♋	4	2	
18	e	Term ends,	7	39	♌	4	1	
19	f		8	37	♌	3	59	
20	g		9	34	♍	3	59	
21	a		10	31	♍	3	56	Hot.
22	b		11	29	♎	3	5	
23	c	Deſider.	12	26	♎	3	54	Rain.
24	d		13	23	♎	3	53	
25	e	Whitſunday.	14	20	♏	3	53	Temperate.
26	f	Edward	15	18	♏	3	52	☌☉☿.
27	g		16	15	♐	3	52	□☉♄. □♄☿.
28	a		17	12	♐	3	51	☌♃☿.
29	b		18	9	♑	3	51	Windy.
30	c		19	6	♑	3	50	
31	d		20	4	♑	3	50	

1	16	♏	19	15	4	♉	0	25	♊	25	18	♑	44	26	♑	53			
6	16		17	16			17	28		39	24		42	4	♓	50			
12	16	Di.	18	17			41	2	♋	3	1	♉	54	15		5			
18	16		23	19			46			21	9		62	7		32			
24	16		32	20			26	1♌		11	16		19	10	♊	4			
30	16		43	21			42	14		1	23		34	22		58			

1	b																		
2	c																		
3	d																		
4	e																		
5	f																		
6	g																		
7	a																		
8	b																		
9	c																		
10	d																		
11	e																		
12	f																		
13	g																		
14	a																		
15	b																		
16	c																		
17	d																		
18	e																		
19	f																		
20	g																		
21	a																		
22	b																		
23	c																		
24	d																		
25	e																		
26	f																		
27	g																		
28	a																		
29	b																		
30	c																		
31	d																		

June hath xxx days.

☾ Laſt quarter 5 day, 40 min. paſt 2 in the morning.
● New moon 12 day 58 min. paſt 10 in the morning.
☽ Firſt quarter 19 day, 41 min. paſt 1 in the morning.
○ Full moon 26 day, 44 min. paſt 1 after noon.

1	G	Trin. Sun.	21	1	♒	3	50	Fair.
2	f		21	58	♒	3	49	
3	g		22	55	♓	3	49	☌♄♂.
4	a		23	52	♓	3	49	Windy.
5	b	Boniface	24	49	♓	3	48	
6	c	Term begins.	25	56	♈	3	48	
7	d		26	43	♈	3	48	
8	E	1 Sun. af. Tr.	27	40	♉	3	47	Dark.
9	f		28	38	♉	3	47	Cloſe weather.
10	g	Onufri.	29	35	♊	3	47	☌♄☿.
11	a	Barnaby.	0	♋ 32	♊	3	47	
12	b		1	29	♋	3	47	Hail.
13	c		2	26	♋	3	47	Rain.
14	d	Valerius	3	23	♌	3	47	☌♂☿.
15	E	2 Sun. aſt. Tr.	4	20	♌	3	48	☌♃☿.
16	f		5	17	♍	3	48	Various.
17	g		6	14	♍	3	48	☌♃♂. □♄☿.
18	a		7	11	♍	3	49	
19	b	Gervaſius	8	8	♎	3	49	
20	c		9	5	♎	3	49	
21	d		10	2	♏	3	50	
22	E	3 Sun. aſt. Tr.	10	59	♏	3	50	
23	f		11	56	♐	3	51	Great bloodſhed,
24	g	John Baptiſt.	12	54	♐	3	51	and many trou-
25	a	Teatm ends.	13	51	♑	3	52	bles by the effects
26	b		14	48	♑	3	52	☊ *Eclipſt.*
27	c	7 Dorm.	15	45	♑	3	53	of the Eclipſes in
28	d	Leo	16	42	♒	3	54	*January.*
29	E	Peter Apoſt.	17	39	♒	3	55	
30	f		18	36	♓	3	56	☌☉♄

June hath xxx days.

1	16	♄ ♍	48	22	♃ ♉	14	15	♂ ♋	18	21	♀ ♉	59	27	☿ ♉	5
6	17		2	29		19	18		31	2	♊	2	7	♋	35
12	17		19	24		37	22		20	9		19	19		14
18	17		42	25		51	26		9	16		35	29		19
24	18		7	27		4	29		57	23		53	8	♌	2
30	18		36	28		14	3	♉	46	1	♋	12	15		18

1	E
2	f
3	g
4	a
5	b
6	c
7	d
8	E
9	f
10	g
11	a
12	b
13	c
14	d
15	E
16	f
17	g
18	a
19	b
20	c
21	d
22	E
23	f
24	g
25	a
26	b
27	c
28	d
29	E
30	f

☾ Last quarter 4 day, 34 min. past 5 after noon.
● New moon 11 day, 52 min. past 6 at night.
☽ First quarter 18 day, 43 min. past 9 in the morning.
○ Full moon 26 day, 35 min. past 4 in the morning.

1	g			19	25	♓	3	57	Hot and sickly
2	a	Visit. Mary		20	30	♓	3	57	season.
3	b			21	27	♈	3	58	
4	c			22	25	♈	3	59	
5	d			23	22	♉	4	0	Thunder-like.
6	e	5 Sun. af. Tr.		24	19	♉	4	1	
7	f			25	16	♉	4	3	Rain, some part
8	g	Chilian		26	13	♊	4	5	windy.
9	a			27	11	♊	4	6	Cloudy.
10	b	Pius		28	8	♋	4	8	
11	c			29	5	♋	4	9	☉ *Eclipsed.*
12	d			○	♌ 2	♌	4	11	✶☉♆.
13	e	6 Sun. af. Tr.		1	○	♌	4	12	Fair and clear
14	f			1	57	♍	4	13	weather for
15	g			2	54	♍	4	14	the most part.
16	a			3	51	♎	4	15	✶♄☿.
17	b	Alexius		4	49	♍	4	16	
18	c			5	46	♍	4	17	
19	d	Dog days beg.		6	43	♍	4	18	
20	e	7 Sun. af. Tr.		7	41	♐	4	20	
21	f	Mary Mag.		8	38	♐	4	21	Great Actions
22	g			9	36	♐	4	23	are on foot,
23	a			10	33	♑	4	25	and most do
24	b	Christin		11	31	♑	4	27	✶♆☿
25	c	James Apostle		12	28	♒	4	29	admire
26	d			13	25	♒	4	30	☌♂☿,
27	e	8 Sun. af. Tr.		14	23	♒	4	32	fruits of them;
28	f			15	21	♓	4	34	☌☉☿.
29	g			16	18	♓	4	36	
30	a	Abdon		17	16	♈	4	37	
31	b			18	13	♈	4	38	

July hath xxxi days.

1	18	♄	41	28	♉	25	4	♂	25	2	♀	25	16	☌	21
6	19		6	29		20	7		35	8		30	20	☊	57
12	19		38	0	♊	22	11		23	15		51	24		34
18	20		14	1		20	15		11	13		12	25	R	17
24	20		50	2		14	19		1	0	☊	35	23		5
30	21		30	3		6	22		48	7		59	18		27

1	g
2	a
3	b
4	c
5	d
6	e
7	f
8	g
9	a
10	b
11	c
12	d
13	e
14	f
15	g
16	a
17	b
18	c
19	d
20	e
21	f
22	g
23	a
24	b
25	c
26	d
27	e
28	f
29	g
30	a
31	b

☾ Last quarter 3 day, 40 min. past 6 in the morning.
● New moon 10 day, 19 min. past 2 in the morning.
☽ First quarter 16 day, 16 min. past 7 at night.
○ Full moon 24 day, 39 min. past 8 at night.

1	f		19	☉	11	♍	4 39	There seemeth to
2	d		20		9	♎	4 40	be troubles at Sea.
3	e	9 Sun. af. Tri.	21		5	♎	4 43	
4	f		22		4	♏	4 44	
5	g	Oswald	23		2	♏	4 46	
6	a	Sixtus	23		59	♐	4 48	
7	b		24		57	♐	4 50	Something worthy
8	c		25		55	♑	4 52	taking notice of at
9	d		26		53	♑	4 54	Sea.
10	e	10 S. aft. Tri.	27		51	♒	4 56	
11	f		28		58	♒	4 58	
12	g	Clara	29		56	♓	4 59	
13	a		0	♒	44	♓	5 1	Thunder.
14	b	Eusebius.	1		42	♈	5 3	
15	c	Assum. Mary	2		40	♈	5 5	☌☉♂.
16	d		3		38	♉	5 6	□☉♃.
17	e	11 S. aft. Tri.	4		36	♉	5 8	☌♃♂.
18	f	Heleno	5		34	♉	5 10	Temperate.
19	g		6		32	♋	5 12	
20	a		7		30	♋	5 14	
21	b		8		28	♌	5 16	□♃☿.
22	c		9		26	♌	5 18	Hot.
23	d		10		25	♌	5 20	☌☌♀.
24	e	Bartholomew	11		23	♍	5 22	Cloudy, but
25	f		12		21	♍	5 24	temperate.
26	g		13		20	♎	5 26	
27	a	Dog days end	14		18	♎	5 28	
28	b	Augustus	15		16	♎	5 30	
29	c		16		15	♏	5 31	□♃☿.
30	d		17		13	♏	5 33	
31	e	13 S. aft. Tri.	18		12	♐	5 3	

August hath xxxi days.

1	21	♄ ♍	44	3	♃ ♊	22	24	♂ ♌	5	10	♀ ♌	27	16	☿ ♌	47
6	22		18	3		58	29		15	16		37	13		31
12	22		59	4		37	1	♍	53	24		3	12	☽	38
18	23		42	5		11	4		3	1	♍	29	17		28
24	24		25	5		38	8		44	8		55	25		43
30	25		10	5		58	12		32	16		23	6	♍	10

1	c
2	d
3	e
4	f
5	g
6	a
7	b
8	c
9	d
10	e
11	f
12	g
13	a
14	b
15	c
16	d
17	e
18	f
19	g
20	a
21	b
22	c
23	d
24	e
25	f
26	g
27	a
28	b
29	c
30	d
31	e

Last quarter the 1 day, at 1 in the morning.
New moon 8 day, 10 min. past 10 in the morning.
First quarter 15 day, 40 min. past 10 in the morning.
Full moon 23 day 6 min. past 1 at noon.

1	f		19	☉ 10	♊	5	37	Many Treaties thi-
2	g	Veronica	20	9	♊	5	40	moneth.
3	a		21	7	♋	5	42	
4	b	Thedos	22	6	♋	5	44	☌☉☿.
5	c		23	5	♌	5	45	
6	d		24	3	♌	5	47	☌☌☿.
7	e	14 Sun. af. Tr.	25	2	♍	5	49	Showers.
8	f		26	1	♍	5	50	☌♃☿.
9	g	Gorgon	27	0	♎	5	51	Fair.
10	a		27	58	♎	5	53	☌☉♄.
11	b		28	57	♎	5	55	☌♄☿.
12	c		29	56	♏	5	58	Clouds.
13	d		0 ♎	55	♐	6	0	☌☉☿.
14	e	15 Sun. af. Tr.	1	54	♐	6	2	Windy.
15	f	Nicomed	2	53	♑	6	4	
16	g		3	52	♑	6	6	△♃☿.
17	a		4	51	♑	6	8	☌☿☿. △♃☿.
18	b		5	51	♒	6	10	Variable, inclin-
19	c		6	50	♒	6	12	ing to rain.
20	d		7	49	♓	6	14	△☉♃.
21	e	Matth. Apost.	8	48	♓	6	16	
22	f	Mauri.	9	47	♓	6	18	
23	g		10	46	♈	6	20	The World is in
24	a		11	46	♈	6	22	amaze.
25	b		12	45	♉	6	24	☌♄♂.
26	c	Ciprian	13	44	♉	6	26	
27	d		14	44	♊	6	28	Storms at Sea.
28	e	17 Sun. af. Tr.	15	43	♊	6	30	
29	f	Michael Arc.	16	42	♊	6	32	
30	g	Hieron	18	42	♋	6	34	

1	25	♏	25	6	♌	4	13	♂	49	18	♍	52	9	♀	53
6	26		1	6		15	17		2	25		6	19		18
12	26		46	6		20	20		53	2	♎	33	0	♎	36
18	27		31	6		19	24		45	10		1	11		9
24	28		15	6		11	23		28	17		31	21		7
30	29		9	5		54	2	♎	31	25		0	0	♍	42

1	f
2	g
3	a
4	b
5	c
6	d
7	e
8	f
9	g
10	a
11	b
12	c
13	d
14	e
15	f
16	g
17	a
18	b
19	c
20	d
21	e
22	f
23	g
24	a
25	b
26	c
27	d
28	e
29	f
30	g

● Last quarter 1 day, 34 min. past 3 in the morning.
New moon 7 day, 21 min. past 7 at night.
☽ First quarter 15 day, 23 min. past 2 in the morning.
● Full moon 23 day, 10 min. past 5 in the morning.
● Last quarter 30 day, 16 min. past noon.

1	a		18	42	♑	6	36	Windy, rainy,
2	b	Leodeg.	19	42	♑	6	38	dark and
3	c		20	41	♑	6	40	close weather,
4	d		21	41	♐	6	42	△♃♂,
5	e	18 Sun. af. Tr.	22	41	♐	6	44	
6	f		23	41	♄	6	46	
7	g		24	40	♄	6	48	What will be the
8	a		25	40	♏	6	50	effects of this age,
9	b	Dionys.	27	40	♏	6	52	What more mad-
10	c	Gedeon	27	40	♐	6	54	ness still.
11	d		28	40	♐	6	56	
12	e	19 Sun. af. Tr.	29	40	♑	6	58	
13	f		0 ♏	40	♑	7	0	
14	g	Calixius	1	40	♑	7	2	
15	a		2	40	♒	7	4	Great ones do
16	b	Galius	3	40	♒	7	6	come to the dust,
17	c		4	40	♓	7	8	some in their
18	d	Luke Evang.	5	40	♓	7	10	beds, Some other-
19	e	20 Sun. af. Tr.	6	41	♓	7	12	wise.
20	f		7	41	♈	7	14	✶♃♀.
21	g		8	41	♈	7	15	☌♄♀
22	a	Cordula	9	41	♉	7	17	
23	b	Term begins.	10	42	♉	7	19	
24	c		11	42	♉	7	20	
25	d		12	42	♊	7	22	
26	e	21 Sun. af. Tr.	13	43	♊	7	24	Windy and some
27	f		14	43	♋	7	26	Frosts.
28	g	Simon & Jude	15	43	♋	7	28	
29	a		16	44	♌	7	30	
30	b		17	44	♌	7	32	✶♄♀ ☌♃♀.
31	c		18	45	♍	7	33	

October hath xxxi days.

1	29	♄	♒	6	5	♅	♓	51	3	♂	♎	10	26	☿	♎	15	2	♃	♍	14
6	29			56	5			32	6			26	2		♍	13	9			47
12	0		♎	21	5			4	10			19	9			59	18			38
18	1			3	4			29	14			15	17			30	26			46
24	1			42	3			48	18			18	25			0	4		♐	17
30	2			18	3			5	22			7	2		♐	30	10			33

1	a
2	b
3	c
4	d
5	e
6	f
7	g
8	a
9	b
10	c
11	d
12	e
13	f
14	g
15	a
16	b
17	c
18	d
19	e
20	f
31	g
22	a
23	b
24	c
25	d
26	e
27	f
28	g
29	a
30	b
31	c

November hath xxx days.

New moon 6 day, 42 min. past 6 in the morning.
First quarter 13 day, 51 min. past 10 at night.
Full moon 21 day, 43 min. past 8 at night.
Last quarter 28 day, 8 min. past 8 at night.

1	D	All Saints.	19	46	♍	7	34	Rain,
2	E	22 Sun. af. Tr.	20	47	♎	7	36	△♄♃.
3	f	Theophil.	21	48	♎	7	38	Temperate this
4	g		22	48	♎	7	39	season.
5	a	Powder Trea.	23	49	♏	7	40	
6	b		24	50	♏	7	42	Windy,
7	c	Florent	25	50	♐	7	43	☌♀.
8	d		26	51	♐	7	45	
9	E	23 Sun. af. Tr.	27	52	♑	7	46	
10	f		28	53	♑	7	48	Snow, frosty, cold
11	g	Martinus	29	54	♒	7	49	weather.
12	a		0 ♐	55	♒	7	50	
13	b	Eugenius	1	56	♒	7	52	
14	c		2	56	♓	7	53	✶☉♄.
15	d		3	57	♓	7	55	Hail, windy
16	E	24 Sun. af. Tr.	4	58	♈	7	56	
17	f		5	59	♈	7	57	☌☉♀.
18	g		7	0	♈	7	58	
19	a	Elizabeth	8	1	♉	7	59	
20	b		9	2	♉	8	0	Clear but cold,
21	c		10	3	♊	8	1	more temperate,
22	d		11	5	♊	8	2	and
23	E	25 Sun. af. Tr.	12	6	♋	8	3	☌♃♀.
24	f		13	7	♋	8	4	□♄♀.
25	g	Catharin	14	8	♌	8	5	Pleasant weather
26	a	Conrad.	15	9	♌	8	6	according to the
27	b		16	10	♌	8	6	season.
28	c	Term ends.	17	11	♍	8	7	☌♃☿.
29	d		18	13	♍	8	8	
30	E	Andrew Apo.	19	14	♎	8	9	

1	12	♄	♎	30	2	♃	♊	52	13	♐	♎	17	5	☿	♐	1	12	♑	12
6	2			58	2			10	26			44	11			18	14		15
12	3			30	0			20	0		♏	32	18			48	11	R.	20
18	4			0	1			31	4			41	26			19	5		3
24	4			26	29		♉	45	8			41	3		♍	50	29		13
30	4			50	29			0	12			41	11			20	29	D.	3

1	D	
2		
3	f	
4	g	
5	a	
6	b	
7	c	
8	d	
9		
10	f	
11	g	
12	a	
13	b	
14	c	
15	d	
16		
17	f	
18	g	
19	a	
20	b	
21	c	
22	d	
23		
24	f	
25	g	
26	a	
27	b	
28	c	
29	d	
30		

New moon 5 day, 42 min. after 8 at night.
First quarter 13 day, 36 min. after 8 at night.
Full moon 21 day, 36 min. past 10 in the morning.
Last quarter 28 day, 43 min. past 4 in the morning.

1	f		20	☉	1	♎	8	10	Misty,
2	g		21		16	♏	8	11	☌♂♀.
3	a	Cassian	22		17	♏	8	12	Misling, if not
4	b	Barbara	23		19	♐	8	12	frost.
5	c		24		20	♐	8	13	
6	d		25		21	♑	8	13	
7	e	2 Sun. Adven.	26		22	♑	8	13	☌♄♀.
8	f	Concepr. Mar.	27		24	♑	8	13	Snow or rain.
9	g	Joachim	28		25	♒	8	14	
10	a		29		26	♒	8	13	
11	b	Damas.	0	♑	28	♓	8	13	
12	c		1		29	♓	8	13	
13	d		2		30	♓	8	13	△♅♀.
14	e	3 Sun. Adven.	3		32	♈	8	13	Temperate.
15	f		4		33	♈	8	13	
16	g		5		34	♉	8	12	□☉♄.
17	a	Lazarus	6		35	♉	8	11	Warm.
18	b		7		37	♊	8	10	
19	c		8		38	♊	8	9	△♄♀.
20	d		9		39	♊	8	8	Rain.
21	e	Thomas Apo.	10		40	♋	8	7	☌♅♂.
22	f	Theod.	11		42	♋	8	6	Tempestious
23	g		12		43	♌	8	5	windy weather.
24	a		13		44	♌	5	5	
25	b	Nat. Christi.	14		45	♍	8	4	
26	c	S. Stephen.	15		47	♍	8	4	Snow or rain-
27	d	John Evang.	16		48	♎	8	4	like.
28	e	Innocents.	17		50	♎	5	3	
29	f		18		51	♏	8	3	□♄♀.
30	g	Silvest.	19		52	♏	8	3	Dark, cloudy.
31	a	David	20		53	♐	8	2	

December hath xxxi days.

1	4	♄	♎	54	28	☾	♊	53	13	☌	♍	20	12	☿	♍	35	29	☿	♍	34
6	5			8	28			20	16			42	18			50	3		♐	43
12	5			25	27			43	20			44	26			20	10			48
18	5			38	27			13	24			47	3		♒	50	16			48
24	5			46	26			48	28			50	11			15	27			41
30	5			51	26			33	2		♑	53	18			41	6		♌	37

1	f
2	g
3	a
4	b
5	c
6	d
7	e
8	f
9	g
10	a
11	b
12	c
13	d
14	e
15	f
16	g
17	a
18	b
19	c
20	d
21	e
22	f
23	g
24	a
25	b
26	c
27	d
28	e
29	f
30	g
31	a

The 12 Signs of the Zodiack.

A Description of the aforegoing Ephemeris.

THe first column is the day of the Moneth; the second the days of the week; the third Festival days; the fourth the place of the Sun at Noon every day of the year in his passage through the 12 Signs of the Zodiack; the fifth is the monethly passage of the Moon through the 12 Signs of the Zodiack; the sixth column sheweth the Suns rising; the seventh the Aspects of the Planets, with a probable Conjecture of the Weather: The Table in the head of the blank pages sheweth the place of the other five Planets every sixth day at Noon each moneth.

Reader, In the description of the Tide Tables, the second Table there mentioned should be the third: Also in the second line read *Ports* for *Points*.

Exact

Exact Rules of

PHYSICK,

With a brief PROGNOSTICATION

FOR THE

Year of our LORD GOD, 1656.

For the Pestilence.

TAke Fetherfew, Maleselot, Scabious, and Mugwort, of each alike, bruise them and mix them with old Ale, and let the sick drink thereof six spoonful, and it will expel the corruption.

A preservation against the Pestilence.

Take of Sage, Rue, Brier leaves, and Mugwort, of each an handful, stamp them, and strain them with a quart of white Wine, and put thereto a little Ginger, and a good spoonful of the best Treakle, and drink thereof morning and evening.

How to draw plague sore to any place you will, to prevent disfiguring.

Take Smallage, Mallows, Wormwood, and Rue, stamp them well together, and fry them in oyl Olive, til they fry be thick, plaister-wise; apply it to the place where you would have it rise, and let it lie until it break; then to heal it up, take the juice of Smallage, Wheat-flower, and milk, and boyl them to pultis, and apply it morning and evening till it be whole.

A Cordial for any infection at the heart.

Take of Borrage, Langdebeef, and Calamint, of each a good handful, of Harts-tongue, Red-mint, Violets, and Marigold, of each half a handful, boyl them in white Wine or fair running water, then adde a peny worth of the best Saffron, and as much Sugar, and boyl them over again well, then strain it into an earthen pot, and drink thereof morning and evening, to the quantity of seven spoon fulls.

For the Head-ach, it is an infallible cure.

Take the Hare of a Har newly killed, and cut it close to the head, then apply the ear with the raw part to the nape of your Neck, binde it close, and it will certainly cure.

For the swimming of the head.

For the swimming or dizzing in the head, you shall take of Agnus-castus, of Broom-wort, and of Camomile dryed, of each two drams, mixt with the juice of Ivy, oyl of Roses, and white Wine, of each like quantity, till it come to a thick salve, and then binde it to the Temples of the head, and it will in short space take away the grief.

For the Palsie.

For the Apoplexy or Palsie, the strong scent or smell of a Fox is exceding soveraign, or to drink every morning half a pint of the decoction of Lavendar, and to rub the head every morning and evening exceding hard with a very clean coorse cloath, wherby the humors may be dissolved and dispersed into the outward parts of the body: by all means for this infirmity keep your feet safe from cold or wet, and also the nape of your Neck, for from those parts it first getteth strength of evil and unavoidable pains.

An oyl to help hearing.

To take away deafnes, take a grey Eele with white belly and put her into a sweet earthen pot quick and stop the pot very close with an earthen cover, or some such hard substance: then dig a deep hole in a horse-dunghil, and set it therein, and cover it with the dung, and so let it remain a fortnight, and then take it out and clear out the oil which will come of it, and drop it into the imperfect ear, or both, if both be imperfect.

For a stinking breath.

For a stinking breath, take Oak buds when they are

are new budded out, and distil them, then let the party grieved, nine mornings and nine evenings, drink of it, then forbear a while, and after take it again.

For dim eyes.

For dim eyes, take wormwood, beaten with the gall of a Bull, and then strain it, and anoint the eyes therewith, and it will clear them exceedingly.

For sore eyes.

For sore eyes, or blood-shotten eyes, take the white of an egge beaten to oyl, as much Rose-water, and as much of the juice of House-leek, mix them well together, then dip flat piegeants of fine lint therein, and lay them upon the sore eyes; and as they dry, so renew them again and wet them, and thus do till the eyes be well.

For watery eyes.

For watery eyes take the juice of Affodil, Myrrhe, and Saffron, of each a little, and mix it with twice so much white Wine, then boil it over the fire, then strain it, and wash the eyes therewith, and it is a present help.

For a Canker.

For a Canker, or any sore mouth: take Chervile, and beat it to a salve with old Ale and Allum water, and anoint the sore therewith, and it will cure it.

For the Kings evil.

If a man be troubled with the Kings Evil, let him take the red Dock, & seeth it in Wine till it be very tender, then strain it, and so drink a good draught thereof, and he shall finde great ease from the same, especially if he do continue the use thereof.

For the Head-ach, and to stay bleeding at the nose.

Take the white of an egg and beat it to oyl, then put to it Rose-water, and the powder of Alabaster, then take flax and dip it therein, and lay it to the temples, and renew it two or three times a day.

For the pin and Web in the eye.

Take an egge, and roll it extream hard, then take the white being very hot, and lay it in as much white Coperas as a peale, (and then violently strain it through a fine cloath, then put a good drop thereof into the eye, and it is most soveraign.

To make hair to grow.

Take the leaves of tallow, and boil them well in oyl, and therewith anoint the place where you would have any hair to grow whether upon head or beard.

For the rheume.

Take hysope, and boyl or burn it, and let the fume or smoak go into the mouth, and it will stay any rheume falling from the head.

For a dangerous cough.

Take Aqua vitæ and salt, and mix it with strong old ale, and then beat it on the fire, and therewith wash the soles of the feet when you go to bed.

For griefs in the stomack.

To ease pain in the stomack, take Endive, Mint, of each alike quantity, and steep them in white wine a days space; then straining and adding thereunto a little Cynamon and Pepper, give it to the sick person to drink, and if you adde thereto a little of the powder of Horse-mint and Cala-mint, it will comfort the stomack exceedingly, and occasion swift and good digestion.

For vomiting.

To stay the Flux of vomiting, take Worm-wood and some bread toasted, of each a like quantity, and beat them well in a morter; then adde to them as much of the juice of Mints, and the juice of Plantain, as will bring it to a thick salve; then fry them altogether in a frying-pan, and when it is hot, lay it plaister-wise to the mouth of the stomack; then let the party drink a little white Wine and Chervile water mixt together

ther, and then ſtop ſowre toaſted bread in very ſtrong vinegar, wrap it in a fine cloath, and let the ſick party ſmell thereto, and it will ſtay the exceſs of vomiting, and both comfort and ſtrengthen the ſtomach.

To force one to vomit.

If you would compel one to vomit take half a ſpoonfull of Stone-crop, and mix it with three ſpoon-full of white Wine, and give it to the party to drink, and it will make him vomit preſently; but do this ſeldom, and to ſtrong bodies, for otherwiſe it is dangerous.

For the Pluriſie.

To prevent a Pluriſie a good while before it come, there is no better way then to uſe much the exerciſe of ringing, or to ſtretch your arms upward, ſo as they may bear the weight of your body, and ſo to ſwing your body up and down a good ſpace: but having caught a Pluriſie, and feeling the gripes, ſtitches, and pangs thereof, you ſhall preſently cauſe the party to be let blood, and then take the herb Althea or Hollylock, and boyl it with Vinegar and Linſeed till it be thick, plaiſter-wiſe, and then ſpread it upon a piece of Allom leather, and lay it to the ſide that is grieved, and it will help it.

Heat in the Liver.

For any extraordinary heat or inflammation in the Liver, take Barbaries and boyl them in clarified whay, and drink them, and they will cure it.

For the Conſumption.

If you will make a Cordial for a Conſumption, or any other weakneſs: take a quart of running water, a piece of Mutton and a piece of Veal, and put them with the water into a pot; then take of Sorrel, Violet leaves, Spinnage, Endive, Succory, Sage, Hiſſop, of each a good quantity; then take Prunes, and Raiſins, and put them all to the broath, and ſeeth them

them from a quart to a pint; then strain the yolk of an egge, and a little Saffron thereinto, putting in Sugar, whole Mace, and a little white Wine, to seeth them a while together, and let the party drink it as warm as may be.

For the yellow Jaundise.

For the yellow Jaundise which is desperate and almost past cure: take sheeps-dung new made, and put it into a cup of Beer or Ale, and close the cup fast, and let it stand so all night, and in the morning take a draught of the clearest of the drink, and give it unto the sick party.

For the black Jaundise.

For the black Jaundise, take the herb called Peny-royal, and either boil it in white Wine, or drink the juice thereof simply by it self to the quantity of three or four spoonful at a time, and it will cure the black Jaundise.

For the Dropsie.

For the Dropsie take Agnus Castus, Fennel, Flood, dark Wal-wort, Lupins, and Wormwood, of each a handful, and boyl them in a gallon of white Wine, until a fourth part be consumed: then strain it, and drink it morning and evening half a pint thereof, and it will cure the Dropsie; but you must be careful that you take not Daffodil, for Flood.

For the wind-Collick.

For the wind Collick, take a good handful of clean wheat meal as it cometh from the Mill, and two eggs and a little wine-vinegar, and a little Aquavitæ, and mingle them together cold, and make a cake of it, and bake it on a gridyron with a soft fire, and turn it often, and tend it with blasting of Aquavitæ with a feather; then lay it somewhat higher then the pain is, rather then lower.

For

For the Lask.

To stay an immoderate loosness, take of the conserves of red Roses, and that to the quantity of two Walnuts, morning and evening.

For the bloody Flux.

For the Bloody Flux, take a quart of Red-wine, and boyl therein a handful of shepherds purse, till the herb be very soft: then strain it, and adde thereto a quarter of an ounce of Cynamon, and as much of dryed Tanners Bark taken from the ouze, and both beaten to fine powder; then give the party half a pint thereof to drink morning and evening, it being made very warm, and it will cure him.

For costiveness.

For extream costiveness, or binding in the body, so as a man cannot avoid his excrements, take Annisseeds Fennicreet, Linseeds, and the powder of Poyny: of each half an ounce, and boil them in a quart of white Wine, and drink a good draught thereof, and it will make a man go to the stool orderly and at great ease.

For the winde Colick.

Take the crums of white bread, and steep it in milk with Allom, and adde Sugar unto it and eat it, and it will open the belly.

For a rupture.

Take of the grounds of strong Beer and Ale, mingle them; and let them be heat at the fire in an earthen vessel, dip therein a convenient quantity of brown paper, and apply the paper well dipt to the place grieved, as hot as the patient can well endure it; and when it groweth cold, take it away and supply it with warm again: This is the onely cure for man or childe, of what age soever; where you cannot have the grounds of Ale, Beer will serve.

For the stone in the bladder.

For the stone in the bladder, take a raddish-root, and slit it cross twice, then put it into a pint of white Wine, and stop the vessel exceeding close: then let it stand all one night, and the next morning drink it of fasting, and thus do divers mornings together, and it will help.

Difficulty of Urine.

For the difficulty of urine, or hardness to make water, take Smallage, Dill, Any-seeds, and Burnet, of each a like quantity, and dry them, and beat them to fine powder, and drink half a spoonful thereof, with a good draught of white Wine.

For hot Urine.

If the urine be hot and burning, the party shall rise every morning to drink a good draught of new milk and sugar mixt together, and by all means to abstain from Beer that is old, hard and tart, and from all meats and sawces which are sowre and sharp.

For pissing in bed.

For them that cannot hold their water in the night time, take Kids hoof and dry it and beat it into powder, and give it to the patient to drink, either in Beer or Ale four or five times over.

For the Gonorhea, or shedding of seed.

Take Malmsey and butter, and warm it, and wash the reins of the back whereupon you finde pain, then take oyl of Mace and anoint the back therewith.

For heat in the reins, for comforting and strengthning the back.

Take a leg of Beef, a handful of Fennel-roots, a handful of Parsley-roots, two roots of Camphry, one pound of Raisins of the Sun, a pound of Damask Prunes, and a quarter of a pound of Dates, put all these together, and boyl them very soft with six leaves of Neep, six leaves of Clary, twelve leaves of Bittany

of

of the wood, and a little Harts tongue, when they are in very soft, take them into the same broth again with a quart of Sack, and a peny worth of large mace, and of this drink at your pleasure.

For the falling of the Fundaments.

If a mans fundament fall down through some cold taken, or other cause, let it be forthwith put up again: then take the powder of Town-cress dryed, and strew ingently upon the Fundament, and anoint the reins of the back with honey, and then about it strew the powder of Cummin and Calasine mixt together, and ease will come thereby.

For the Piles or Hemrods.

Take the end of a candle, and put it into the nosel of a brass candlestick, and let it burn so long as it will, then take out the snuff clean from the Tallow, the Tallow when cold, will look greenish and bluish: temper it well together, apply it upon a fine rag, and let the party set upon a feather pillow; it will immediately cure, being applyed morning and evening.

For the green sickness.

To help the green sickness, take a pottle of white wine and a handful of Rosemary, a handful of wormwood, an ounce of Cardus Benedictus seed, and a dram of Cloves, all these must be put into the white wine in a jug, and covered very close, and let it steep a day and a night before the party drink of it, then let her drink of it every morning, and two hours before supper: and to take it for a fortnight, and let her stir as much as she can, the more the better, and as early as she can.

A pultis for soar breasts in women.

To help womens sore breasts, when they are swelled or else inflamed, take violet leaves and cut them small, and seeth them in milk or running water, with wheat

wheat bran, or wheat bread crums, then lay it to the sore, as hot as the party can indure it.

For a woman that is new brought to bed, and swooneth much.

Take Mugwort, Motherwort, and Mints, the quantity of a handful in all, seeth them together in a pint of Malmsey, and give her to drink thereof two or three spoonfuls at a time, and it will appease her swooning.

For any pain or swelling, or stinging of venomous Beasts.

To help all maner of swellings or aches, in what part of the body soever it be, or the stinging of any venomous Beast, as Adder, Snake, or such like: take Horehound, Smallage, Porrets, small Mallows, and wilde tansey, of each a like quantity, and bruise them or cut them small: then seeth them altogether in a pan with milk, oatmeal, and as much Sheeps-suet or Deers-suet, as an hens egge, and let it boyl till it be a thick plaister, then lay it upon a blew woollen cloath, and lay it to the grief as hot as one can suffer it.

A water to wash a soar with.

To wash any sore or Ulcer, take running water, and Bole armoniack and Camphire, and boyl them together, and dip in a cloath, and lay it to the sore as hot may be indured: also Plantain water is good to kill the heat of any sore: or if you take woodbine leaves and bruise them small, it will heal a sore; or if you wash a sore with verjuyce, that hath been burnt or scalded, it is a present remedy.

A pultis for a sore.

There be divers others which for this grief take the green of Goose dung, and boyl it in fresh butter, then strain it very clean and use it. And Sallet-oyl, and Rose-water beaten together, will cure any scald or burning.

For

For any scabs or itch.

For scabs or itch, take Unguentum Populum, and therewith anoint the party and it will help, but if it be more strong and rank, take an ounce of Nerve oyl, and three peny worth of quick silver, and beat and work them together, until you see that assuredly the quick-silver is killed, then let the party anoint therewith the palms of his hands, the boughs at his elbows, his arm-pits and hams, and it will cure all his body.

For any scalding.

For any scalding with hot water, oyl or other wise, take good cream and set it on the fire, and put into it the green which grows on a stone wall, take also yarrow, the green of Elder bark and fire grass, and chop them small, then put them into the cream, and stir it well, till it come to an oyl salve, then strain it and anoint the sore with it.

For burnings or scaldings on the face.

Take the middle rind of the Elm tree, and lay it two or three hours in fair running water, till it wax ropy like glew, and then anoint the sore therewith: Or otherwise, take sheeps tallow and sheeps dung, and mix them together till they come to a salve, and then apply it to the sore.

An oyntment for burning.

Take Plantine leaves, Dasie leaves, the green bark of Elders, and green Germaunders, stamp them altogether with fresh butter or with oyl, then strain it through a linen cloath, and with a feather annoint the sore till it be whole.

A black plaister to heal old sores, and kill inflammations.

Take a pint of Sallet oyl, and put into it six ounces of red Lead, and a little Ceruse or white Lead, then set it over a gentle fire, and let it boyl a long season,

son, stirring it well till it be stiff, which you shall tye in this order; let it drop from your stick or slice upon the bottom of a saucer, and so stand until it be cold; and then if it be well boyled, it will be stiff and very black; then take it off and let it stand a little, and after strain it through a cloth into a Vason, but first anoint the Vason with Sallet oyl and also your fingers, and so make it up into rouls plaisterwise, and spread it and apply it as occasion shall serve.

An Ovntment to ripen sores.

Take Mallows and Beets, and seeth them in water, then dry away the water from them, and beat the herbs well with old Boars grease, and so apply it unto thy Apostume hot.

For the stinging by any venomous thing.

Take a handful of Rue, and stamp it with rusty Bacon till it come to perfect salve, and therewith dress the sore till it be whole.

For a Ring-worm.

Take Hellandine early in the morning, and bruise it well, and then apply it to the sore, and renew it twice or thrice.

To take away the skars of the small Pox.

Take Warrows grease a pretty quantity, and take an apple and pare it, and take the core clean out; then chop your apple and your Warrows grease together, and set it over the fire that it may melt, but not boyl; then take it from the fire, and put thereto a pretty quantity of rose water, and stir all together till it be cold, and keep it in a clean vessel, and then anoint the face therewith.

For pricking with a Thorn.

Take Fenel and stamp it and seeth it with sweet milk till it be thick, then temper it with black soap, and lay it to the sore.

For

For swelled legs

Take Mallows, and seeth them in the dregs of good Ale or Milk, and make a plaister thereof, and apply it to the place swelled.

For bones out of joynt, or sinews sprung or sprained.

Take four or five yolks of eggs, hard sodden or roasted, and take the branches of great Mozrel, and the Berries in Summer, and in Winter the roots, and bay all well together in a mozter with sheeps milk, and then fry it until it be very thick, and so make a plaister thereof, and lay it about the soar, and it will take away both pain and swelling.

For any Fever.

Take Sage, Ragwort, Yarrow, unset Leeks, of each a like quantity, stamp them with Bay salt, and apply them to the wrists of the hands.

To expel heat in a Fever.

Blanch Almonds in the cold water, and make milk of them (but it must not seeth) then put to it Sugar, and in the extremity of heat, see that you drink thereof.

The royal medicine for Fevers.

Take three spoonfulls of Ale, and a little Saffron, and bruise and strain it thereto, then adde a quarter of a spoonful of fine Treacle, and mixt altogether, and drink it when the fit comes.

Of the Eclipses of this present Year, 1656.

THere will be five Eclipses this present year of our Lord God, 1656. viz. two of the Sun and three of the Moon; whereof two of them are visible unto us in *England*.

The first is of the Moon, on the first day of *January* at 34′ 46″ past 8 at night.

The second will be of the Sun, on the 16 day of *January*, at 40 min. 59″ 12‴.

The third Eclipse will be of the Moon, the 26 day of *June*.

The fourth Eclipse will be of the Sun, on the 11th day of *July*.

The fifth will be of the Moon, on the 21 of *December*, these three last are not visible unto us.

Of the four Quarters of the Year.

Of the Spring.

THe Spring beginneth when the Sun entereth ♈, which will be the 10 of March, at which time ☉ becometh an equal Arbitrator of the nights & days: then doth the Earth begin to smile, and send forth the testimony of the virtue of the warm Sun-beams, by producing fruitfulness in all Herbs and Plants; and merry Birds are not wanting in warbling notes to demonstrate their joy.

This Quarter is by nature hot and moist, and therefore most suitable for production. It is an old Rule in Philosophy, That heat is the Father, and moisture the Mother.

This

This Quarter is the only fit time for those that are affected with distempers, to apply themselves to Rules of physick. The diseases incident to this Quarter are Tertian Feavers, Quindies, Impostumes, Boyles, Itches, Tetters, Morphue, Ring-worms, Measels, Small-pox, Obstructions, Spotted-Feavers, and such diseases as arise from the corruption of the blood.

Of the Summer Quarter.

THe Summer Quarter beginneth upon the Suns entering of Cancer ♋ which will be upon the 11. of *June*; the Suns outmost Northern declination maketh the hottest weather, and longest dayes to us of the Northern Hemisphere, and contrarwise to them of the South.

This season is hot and dry, good for the ripening of fruits; The sicknesses and infirmities of this Quarter, are such as are ingendered of the humors by the temper of the season, *viz.* Hot burning-feavers, Phrensies, and Plurisies Inflammations, Impostumes, and Vlcerations in the Lungs, causing extream stinking Breaths.

Of Autumn.

Autumn or Harvest beginneth upon the Suns entring of *Libra* ♎ the which will be this year the 13. of *September*, which again

again bringeth the nights and dayes to an equality. This season is of all others the most uncertaine; it is of nature cold and moist; therefore dangerous for that it wants heat to digest the Crudities of the humors.

Therefore the diseases to this Quarter are Quartan-Feavers, Apoplexes, Falling-sickness, Lethargie, Fluxes, Pain in the Back, and Reins, the Stone, Palsies, Convulsions, Cramps, Consumptions, Obstructions of the Splene, Melancholly: and such like.

The Winter Quarter

The *Winter* beginneth at the Suns entrance into *Capricornus* ♑ which is upon the 11 day of *December*, at which time the daies are the shortest, by reason of the Suns being at his utmost Southern declination; The temper of this season is Cold and Dry. The diseases incident to this Quarter are, Rheums, Coughs, Palsies, Gout, Cramps, Convulsions, Collick, Apoplexies, Hoarseness, Flux, and pain in the Teeth.

FINIS.